Getting a COVID-19 Test

1. Getting tested for COVID-19

- If you have Flu-like or COVID-19 symptoms
- If you are a close or casual contact of someone who has contracted COVID-19
- If you have visited a hotspot listed on NSW Health website
- If you have been requested to get tested

SEE NEXT PAGE FOR MORE INFORMATION

2. If you have tested positive, NSW Health Department will let you know by SMS
You will be given clear advice

3. If you had COVID-19 more than 4 weeks ago and you experience symptoms, call your doctor, self-isolate and get tested

4. Close Contact Testing - household contacts or people with high risk exposures

Close contacts are at high risk of catching COVID-19 because of their interactions with someone with COVID.
Get tested at a clinic or drive through (not a supermarket test) and isolate until you get a result.
Follow the directions from NSW Health about how long you need to stay isolated for.

5. Casual Contact Testing – if you are a casual contact of someone with Covid-19

- Get tested immediately and self-isolate until you get a negative result
- Get tested again on day 6 after your last contact with the COVID-19 positive person. If you feel well, you do not need to self-isolate while waiting for this test result
- Get tested at a clinic or drive through (not a supermarket test) and isolate until you get a result. Follow the directions from NSW Health about how long you need to stay isolated for.

6. Where can you get tested?

at a hospital	in your car at a drive through clinic	at your local doctor's office	at a COVID-19 clinic

- You can take someone with you to get tested but they must wear a mask

7. What is it like to get tested for COVID-19?

COVID-19 testing is:
- easy
- quick
- free

You can get your results by:
- text
- phone call

You must go straight home and self-isolate after your COVID-19 test.
This means while you wait for your results, you should not:
- leave your home
- have visitors at your home

If you don't get your results within 3 days, you should contact the place where you got tested.

HELP

Contact your Doctor or call Health direct 1800 022 222

If your life is in danger call 000.

More info:
www.covid19evidence.net.au

RAT and PCR Testing

There are different tests you can get to check if you have coronavirus (COVID-19)

Rapid antigen tests
- A rapid antigen test is a quick way to detect COVID-19
- Concession card holders can access free RAT tests from 24th January 2022

PCR tests
- This is a nose and throat swab that is taken at a testing clinic and sent to a lab to be tested

Who should do a rapid antigen test?

- People with symptoms
- Household, social, workplace or education contact of a positive case
- Anyone before going to an event with lots of others, or before visiting vulnerable family members
- Anyone arriving from overseas (passengers and flight crew)

What happens if I get a positive rapid antigen test result?

If you test positive on a rapid antigen test you most likely have COVID:

TEST RESULT	SYMPTOMS	EXPOSURE RISK	NEXT STEP
✔	✔	Known or unknown contact	You are a confirmed case, follow the advice for people testing positive for COVID-19 https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-confirmed.aspx
✔	✔ or ✘	Known high risk or household contact	You are a confirmed case, follow the advice for people testing positive for COVID-19 https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-confirmed.aspx
✔	✘	No known contact	You may be a case, take another rapid antigen test in 24 hours or have a PCR test

What happens if I get a negative rapid antigen test result?

If you are a household contact or had a high-risk exposure to someone with COVID then you must continue to isolate for 7 days. You must follow the advice for people exposed to COVID-19 to determine your risk
(https://www.health.nsw.gov.au/Infectious/factsheets/Pages/people-exposed-to-covid.aspx).
To determine if you had a high risk exposure use the Information for people exposed to COVID-19 (https://www.health.nsw.gov.au/Infectious/factsheets/Pages/people-exposed-to-covid.aspx) and follow the relevant isolation advice.

If you have symptoms, please take another rapid antigen test in 24 hours or have a PCR test. If your second test is positive you are considered a confirmed case. If the second test is negative, you should isolate until your symptoms have gone.

Who should have a PCR test?

You should do a PCR test if:
- you have COVID-19 symptoms, but have tested negative on a rapid antigen test AND are at higher risk of severe disease including those who are pregnant, immunosuppressed, Aboriginal and Torres Strait Islander, Pacific Islander, or unvaccinated
- you have symptoms and can't get a rapid antigen test
- you have been asked to have a PCR test from a health care provider.

If I have tested positive, what do I do?

Follow the advice for people testing positive for COVID-19:
https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-confirmed.aspx